McLean Youth Soccer Recreational League Rules				
	U4/5	U6-U8	U9/10	U11/12	U13-19
BALL SIZE	#3		#4		#5
NO. OF PLAYERS (ON THE FIELD)	N/A – class style – no games	4 v 4	7 v 7	9 v 9	11 v 11
ROSTER MAX	N/A	12	12	U11(16); U12(20)	U13-14 (22); U16-19 (25)
GOALKEEPER	N/A	No	Yes (maximum 1 half of play)		Yes
MATCH SETUP (GOALS)	N/A – no games	Two 4 v 4 matches play simultaneously to 3' x 4' goals	7 v 7 to 6.5' x 12' goals	9 v 9 to 6.5' x 18' or 7' x 21' goals	11 v 11 to 18' x 24' goals
SUBSTITUTIONS	N/A	Anytime	On a throw-in – with permission of the referee		FIFA – with permission of the referee
EQUIPMENT	Shin guards mandatory				
REFEREES	None	None	Center only		Center & 2 Asst. Refs
DURATION OF GAME	45 min class	4 x 10 min quarters	2 x 25 min halves	2 x 30 min halves	2 x 35 min halves (U13-14); 2 x 40 min

					halves (U16-19)
START OF PLAY	N/A	Coaches roll in	Home team	FIFA*	
BALL IN & OUT	Ball must wholly cross the line				
SCORING	N/A	No scores kept		Scores & standings kept	
OFFSIDE	N/A	No offsides	Build out line**	FIFA*	
FOULS & MISCONDUCT	N/A	Substitute players		FIFA*	
FREE KICK	N/A	No free kicks	FIFA*		
PENALTY KICK	N/A	No penalty kicks	FIFA*		
THROW-IN	N/A	Coach rolls in	FIFA (retries allowed)	FIFA*	
GOAL/CORNER KICK	N/A	Coach rolls in	FIFA (goal kicks at top of penalty box)	FIFA*	
HEADING	N/A	Not allowed	No (indirect free kick if header occurs)		Yes
PLAY DOWN (LARGE GOAL DIFFERENTIAL)	N/A	Coach manages	Yes (take away one player for each goal scored after 4)		N/A

*PLEASE READ THE ABOVE MATRIX CAREFULLY AS THERE ARE SOME ADJUSTMENTS TO THE FIFA RULES AT TIMES, BUT IN GENERAL:

- FIFA refers to FIFA rules in the table
- For U9-12 we follow FIFA's rules as adjusted for small-sided play
- For U13-U19 we follow standard FIFA rules (with modifications made by SFL)

FIFA Laws of the Games

SFL Rules of the Game (for Spring 2020)

US Youth Soccer Rules of Play

Small-Sided Game Rules (last adjusted in 2017)

Build-Out Line Explanation

BUILD OUT LINE DIAGRAM (FOR 7 v 7 – U9/10 ONLY)