

Face Coverings - New Recommendation

The American Association of Pediatrics now recommends athletes wear cloth face coverings during group training and competition as well as when they are on the sidelines, in the locker room, and traveling. The coverings have been shown to be well tolerated during exercise and can prevent the spread of SARS-CoV-2. <https://www.aappublications.org/news/2020/12/04/sportsguidance120420>

Face coverings should be changed immediately if they become saturated with sweat. If an athlete removes the face covering for a break, he or she should remain 6 feet away from other people.

ALL coaches, officials, spectators and volunteers should wear cloth face coverings at all times.

December 11, 2020